

## PACKAGE LEAFLET

### SOLACY ADULT, hard capsule

**Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.**

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get one of side effects, talk to your doctor or pharmacist. This includes any possible side effect not listed in this leaflet. See section 4.
- You must talk to your doctor if you do not feel better or if you feel worse.

#### **What is in this leaflet:**

1. WHAT SOLACY ADULT, hard capsule IS AND WHAT IT IS USED FOR?
2. WHAT YOU NEED TO KNOW BEFORE YOU TAKE SOLACY ADULT, hard capsule
3. HOW TO TAKE SOLACY ADULT, hard capsule?
4. POSSIBLE SIDE EFFECTS
5. HOW TO STORE SOLACY ADULT, hard capsule?
6. CONTENTS OF THE PACK AND OTHER INFORMATION

#### **1. WHAT SOLACY ADULT, hard capsule IS AND WHAT IS IT USED FOR?**

**Pharmacotherapeutic group:** Other cold medicine. - ATC code R05X

Symptomatic adjunctive treatment of rhinopharyngeal disorders in adult.

You must talk to your doctor if you do not feel better or if you feel worse.

#### **2. WHAT YOU NEED TO KNOW BEFORE YOU TAKE SOLACY ADULT, hard capsule?**

**Do not take SOLACY ADULT, hard capsule:**

- if you are allergic (hypersensitive) to the actives substances or one of the other ingredients of contained in this medicine listed in section 6
- if you take a dose of 10,000 IU /day or more of vitamin A provided by SOLACY ADULT associated with an antibiotic of the cyclins class due to the risk of intracranial hypertension.

if you are taking a medicine containing retinoids (derivatives of vitamin A) due to the risk of symptoms suggestive of hypervitaminosis A.

#### **Warnings and precautions**

Talk to your doctor or pharmacist before taking SOLACY ADULT, hard capsule.

This medicine contains vitamin A; other medicines contain it. Do not combine them in order not to exceed the maximum recommended dose (see the section -3 HOW TO TAKE SOLACY ADULTE, hard capsule).

Avoid taking prolonged treatment in case of gastrointestinal intolerance.

#### **Other medicines and SOLACY ADULT, hard capsule:**

Tell your doctor or pharmacist if you are taking, have recently taken or might have any other medicines. You should not take SOLACY ADULT, hard capsule if you take a medicine containing retinoids (derivates of vitamin A).

You should not take an antibiotic of the class of cyclins associated to SOLACY ADULT, hard capsule at the dosage providing 10 000 UI/day or more of vitamin A. This would correspond to more than twice the normal dosage of SOLACY ADULT.

#### **Pregnancy and breast feeding**

It is recommended not to exceed a daily dose of 5000 IU of vitamin A brought by the medicines in pregnant or breastfeeding women, given the daily dietary intake.

As a result, do not exceed the dosage recommended by your doctor.

If you are pregnant or breast-feeding, if you think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

### **SOLACY ADULT, hard capsule contains sucrose.**

If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicine.

### **3. HOW TO TAKE SOLACY ADULT, hard capsule?**

FOR ADULT USE ONLY.

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

The recommended dose is 3 capsules daily for 3 months.

Swallow the capsules with a glass of water, preferably during a meal.

#### **If you take more SOLACY ADULT, capsule, than you should:**

In case of erroneous intake of an excessive dose, signs of vitamin A overdose may occur. Consult immediately your doctor or your pharmacist.

#### **If you forget to take SOLACY ADULT, hard capsule:**

Do not take a double dose to make up for the dose you forgot.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

### **4. POSSIBLE SIDE EFFECTS**

Like all medicines, this medicine can cause side effects, although not everybody gets them.

- Some cutaneous reactions have been reported.
- Possibility of digestive disorders.

#### **Reporting of side effects:**

If you get any side effect, talk to your doctor or your pharmacist . This includes any possible side effects not listed in this leaflet. You can also report side effects directly via your national reporting system.

By reporting side effects, you can help provide more information on the safety of this medicine.

### **5. HOW TO STORE SOLACY ADULT, hard capsule?**

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the carton after EXP. The expiry date refers to the last day of that month.

Store at a temperature not exceeding 30°C.

Do not throw away any medicine via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

### **6. CONTENTS OF THE PACK AND OTHER INFORMATION**

#### **What SOLACY ADULT, capsule, contains?**

- The active substances are:

L-Cystine.....	72.6 mg
Precipitated sulphur.....	22.0 mg
Coated vitamin A acetate* quantity equivalent to retinol.....	1650 IU
Saccharomyces cerevisiae yeast** .....	77.4 mg
Per a capsule***	

- The other ingredients are: magnesium stearate

\*Composition of the coated vitamin A acetate: 500,000 IU / g crystallized vitamin A acetate, gelatin, sucrose, corn starch, antioxidant (BHT).

\*\*Saccharomyces cerevisiae yeast: formed by continuous fermentation of washed and dried Saccharomyces cerevisiae.

\*\*\*Composition of the capsule shell: gelatin, titanium dioxide (E 171)

**What SOLACY ADULT, hard capsule looks like and contents of the pack?**

This medicine is in the form of hard capsules. Box of 45 and 90.

**Marketing Authorisation Holder:**

Laboratoires GRIMBERG SA – 44 avenue Georges Pompidou- 92300 Levallois-Perret - France

**Manufacturer:**

Laboratoires GRIMBERG SA - ZA des Boutries - rue Vermont - 78704 Conflans Sainte Honorine cedex - France

This leaflet was last revised in September 2020.